

## *Showering Instructions For Surgery*

### **The night before your surgery:**

1. Wash from the neck down with the white bottle of soap you were given using a clean wash cloth. Do not shave near where you will have surgery. Dry with a clean towel, dress with clean clothing and sleep on clean sheets.

### **The morning before your surgery:**

1. Repeat the shower with the bottle of soap, use a clean cloth and dry with a clean towel.

**Note:** If you have a skin reaction the first time you use the soap provided to you, do not use it again. Instead wash with liquid body soap, use a clean cloth and dry with a clean towel.

2. After you have showered, if you received a packet of special cleansing pads use these pads to wipe generously over the area where you will have surgery and let air dry. **Do not wash off.** Put clean clothes on to come to the hospital.



*The important part is that everything is clean!*